



**yourtown**  
let's create brighter futures

# Starfish

## Family Mental Health Support Service



Providing support for children, young people and families to strengthen skills and improve mental health and emotional wellbeing.

**MORETON BAY**

07 3888 0758

**LOGAN\***

07 3387 8800

[yourtown.com.au](http://yourtown.com.au)



## Who do we help?

Starfish supports children and young people aged up to 18 years who may be experiencing emotional health and wellbeing challenges.

Families and carers are able to get help to support their children. We also work with community groups and schools.

## We offer FREE:

- ▶ Practical support for children, young people and their families
- ▶ Individual counselling
- ▶ Links to local services
- ▶ Parent/carer psycho-education
- ▶ Mental health and social-emotional wellbeing workshops
- ▶ Community outreach, education and events

## Moreton Bay

Bribie - Beachmere, Caboolture

Narangba - Burpengary, Redcliffe, Deception Bay

North Lakes - Dakabin-Kallangur, Strathpine

[starfishmoreton@yourtown.com.au](mailto:starfishmoreton@yourtown.com.au)

219 Deception Bay Road, Deception Bay

## Logan

\*Springwood, Kingston, Browns Plains and surrounds

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This service is funded  
by the Australian Government  
Department of Social Services.

